



Tooth-Colored Restorations

We have placed tooth-colored restorations in your teeth. The resin material used is a plastic with small “filler” particles or glass-like material. These are the finest and most modern dental materials available today. These restorations will serve you well for years. However, you should be aware of the following:

Chewing: As with natural teeth, avoid chewing excessively hard foods on the restored teeth (hard candy, ice, etc.) because extreme force can cause the resin material to be broken from the tooth, just as a natural tooth can crack or break under similar conditions.

Reexams: It is important that you have your tooth-colored fillings examined on a regular basis. Often problems that are sometimes develop around the restorations can be detected at an early stage and repaired easily. Waiting until the problem worsens may require redoing the entire restoration, or even necessitating a more extensive and costly procedure.

Preventive Procedures: To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown, please brush twice a day and floss once a day. Using a fluoridated mouthwash as prescribed by the doctor or the hygienist will also increase the longevity of your new restoration.