



Composite Veneers

We have placed composite veneers on your teeth. These restorations were placed with the finest materials and techniques available today. However, you should be aware of the following information about your new restorations.

Chewing: As with your natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, bones, etc.) because the resin material can be broken from the tooth under extreme force. In the event that a breakage occurs, contact us. We will redo your veneer.

Recalls: Visit us at regular six-month examination periods. Often problems that are developing around the veneers can be found at an early stage and the repaired easily. Waiting for a longer time may require redoing the entire restoration.

Preventive Procedures: To provide optimum longevity of your restorations and to prevent future dental decay and supporting-tissue breakdown, please use the following preventive procedures:

- Brush and floss after eating and before bedtime
- With recommended fluoride rinse, swish vigorously for at least 30 seconds daily.

The Future: We expect that you will receive several years of service from these veneers. Please call us if you notice any changes or have any questions about your veneers.